



Beekeeping Definitions, controls and practices impact on the quality of bee products.

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The Holy Quran and sayings of Prophet Muhammad refer to honey as "a remedy".



Ibn Sina (980-1037 C.E.)

"Al-Qanun"
A rare
manuscript
made in Iran
in the 15th
century



Canon (al-Qanun fi al-Tibb)



...traditional and biomedical history of the bee products

■ Bee products have been used since 3000 b.c.

- Ebers Papiere
- Spanish "spider" caves



■ "Remedy for stomach ache reduction - honey should be ingested".



Bee products Nutritional and/or therapeutic value

Bee Product	Nutritional value	Therapeutic value
HONEY	FOOD	Medicine External applications
BEE POLLEN BEE BREAD	FOOD	Medicine
ROYAL JELLY	Food	Medicine
PROPOLIS	Physiologic effects	MEDICINE
BEE VENOM	-	Medicine



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Quality assurance of apitherapy products



- Consistent chemical composition
- Standardized biological activity
- Absence of contaminating chemicals
- Absence of contaminating microbes
- Traceability of components



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Authenticity of Honey

A Major Analytical Challenge

- ❑ Honey is a natural and almost unprocessed food
- ❑ Honey is esteemed as an **authentic**, **naturally pure** and **healthy product**
- ❑ Highly demanded by consumers
- ❑ Also increasing demand from the industry as replacement of sugar
- ❑ Different standards for honey in different countries, no international harmonization
- ❑ Deficient traceability of the supply chain



➔ **All these factors increase the risk and possibility of honey adulteration**

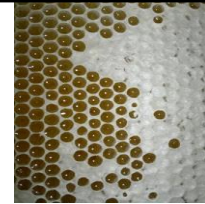
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HONEY

Quality problems (for apitherapy)

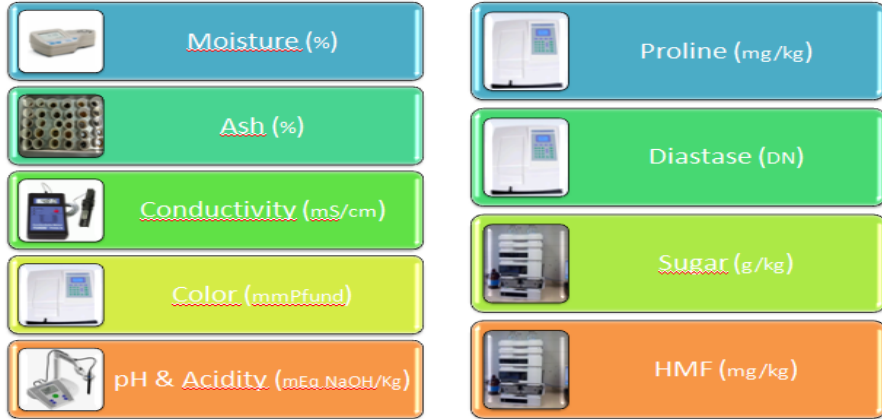
Contamination :

- ❑ Pollution – heavy metals, agricultural pesticides
- ❑ Acaricides
- ❑ Antibiotics
- ❑ Microbes – bacteria, fungi



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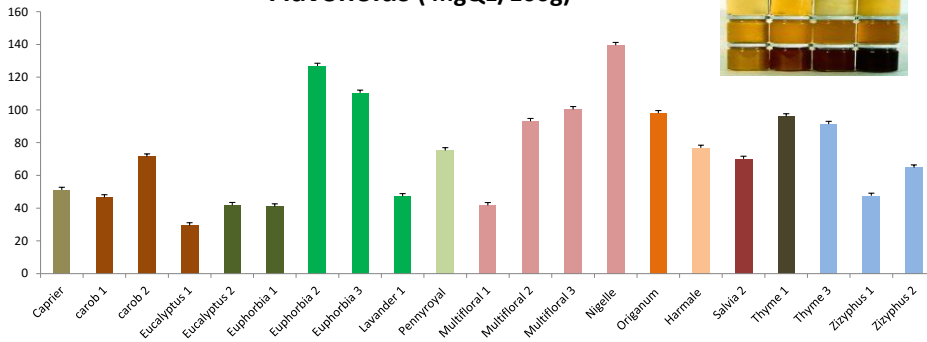
PHYSICOCHEMICAL CHARACTERIZATION OF HONEY



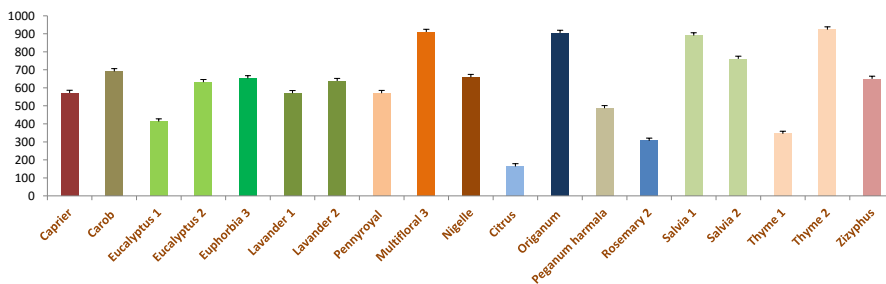
- However , all these parameters /tests are only indication and no proof for adulteration
- **Further analysis are required to detect and prove admixtures of foreign sugars to honey**

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Flavonoids (mgQE/100g)



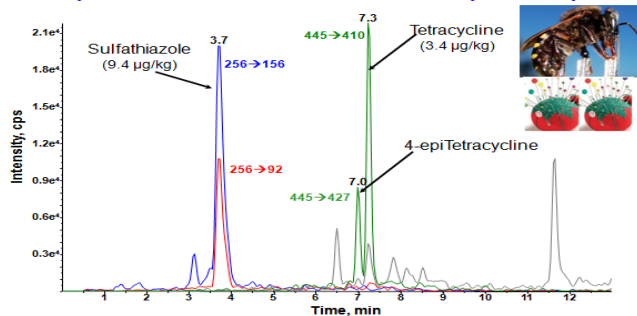
Phenols (mg GAE/100 g)



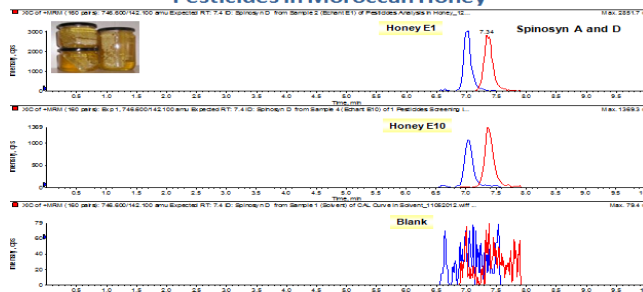
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Analysis of Moroccan Honey Sample

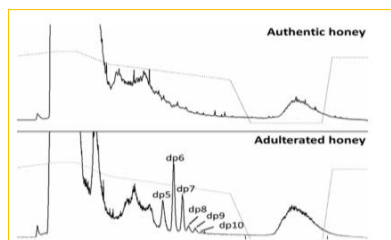


Pesticides in Moroccan Honey



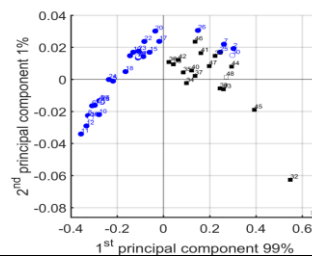
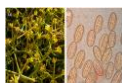
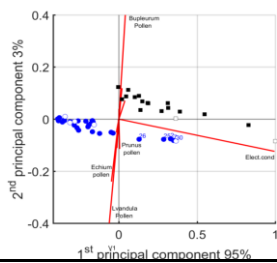
Honey authenticity methods (advantages and disadvantages).

	Sample Preparation	Time	Cost	Success
Nuclear magnetic resonance	Unfavorable	Unfavorable	Unfavorable	Poorly efficient
Isotopic mass spectrometry	Efficient	Efficient	Unfavorable	Poorly efficient
Chromatography GC/MS, LC/MS	Unfavorable	Efficient	Efficient	Poorly efficient
Infrared spectroscopy (NIR, IR, Raman)	Poorly efficient	Efficient	Efficient	Unfavorable
Elementary analysis (ICP/MS, AAS, ICP)	Efficient	Efficient	Efficient	Efficient



LC-ELSD chromatogram of authentic and adulterated honey (Dr. Lutz Elfein, Intertek)

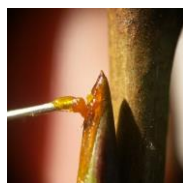
The e-tongue and e-nose technologies for honey authenticity





<p>FOOD SCIENCES NUTRITION</p> <p>http://informahealthcare.com/ijf ISSN 1093-7886 (print), 1465-3478 (electronic) WJ Food Sci Nutr; Early Online 1-8 © 2014 Informa UK Ltd. DOI: 10.1080/10937886.2014.873888</p> <p>informa healthcare</p> <p>RESEARCH ARTICLE</p> <p>Physicochemical characterization and antioxidant activity of 17 commercial Moroccan honeys</p> <p>Small Aazza^{1,2}, Badiâa Lyoussi², Dulce Antunes¹, and Maria Graça Miguel¹</p> <p>¹Faculdade de Ciências e Tecnologia, IB3-Centro de Biotecnologia Vegetal, Universidade do Algarve, Faro, Portugal and ²Laboratory of Physiology, Department of Pharmacology and Environmental Health, Faculty of Sciences, University Sâd Mohamed Ben Abdallah, Fez, Morocco</p>	<p>Physicochemical Characterization and Antioxidant Activity of Commercial Portuguese Honeys</p> <p>Small Aazza, Badiâa Lyoussi, Dulce Antunes, and Maria Graça Miguel</p> <p>Abstract: The present study evaluated the physicochemical characteristics and antioxidant activity of 10 commercial honeys from diverse floral origins, produced in Portugal. The values of electrical conductivity of cation and peroxide honeys were superior to the maximum limits defined by European legislation. Citrus, strawberry tree, and 1 sample of lavender honeys had values of diastase activity below those determined by European legislation. Strawberry tree, persimmon, and carob honeys had the highest amounts of potassium that coincided with the highest electrical conductivity. Strawberry tree honey was the most effective as antioxidant along with carob and heather honeys. This ability was strongly correlated with the amount of phenols and flavonoids and not with the levels of vitamin C or proline.</p> <p>Keywords: antioxidant activity, honey, physicochemical attributes, Portugal</p>
<p>Journal of Apiculture Research, 2017 http://dx.doi.org/10.1080/000218839.2016.1265759</p> <p>IBRA INTERNATIONAL BEE RESEARCH ASSOCIATION</p> <p>Taylor & Francis Taylor & Francis Group</p> <p>ORIGINAL RESEARCH ARTICLE</p> <p>Preliminary characterization of a Moroccan honey with a predominance of <i>Bupleurum spinosum</i> pollen</p> <p>Youssef Elamine¹, Small Aazza², Badiâa Lyoussi², Maria Dulce Antunes¹, Leticia M Estevinho^{3,4}, Ofélia Anjos^{5,6}, Mafalda Resende⁷, Maria Leonor Faleiro⁸ and Maria Graça Miguel⁹</p>	<p>Received 22 June 2017 Revised 10 August 2017 Accepted 18 August 2017 DOI: 10.1111/1365-3113.12403</p> <p>WILEY Journal of Food Biochemistry</p> <p>FULL ARTICLE</p> <p>Physicochemical characterization and antioxidant activity of honey with <i>Eragrostis</i> spp. pollen predominance</p> <p>Small Aazza¹ Youssef Elamine¹ Soukaina El-Guendouz² Badiâa Lyoussi¹ Maria D. Antunes² Leticia M. Estevinho^{3,4} Ofélia Anjos^{5,6} Jorge D. Carlier⁷ Maria C. Costa⁷ Maria G. Miguel⁹</p>
<p>Available online at www.sciencedirect.com</p> <p>ScienceDirect</p> <p>JFDA</p> <p>journal homepage: www.jfda-online.com</p> <p>Original Article</p> <p>Cerantonía siliqua honeys from Morocco: Physicochemical properties, mineral contents, and antioxidant activities</p> <p>Redouan El-Haskoury^a, Walid Kriaa^b, Badiâa Lyoussi^c, Mohamed Makni^d</p>	<p>Cellular Physiology and Biochemistry Cell Physiol Biochem 2016;29:115-122 DOI: 10.1155/2016/115115 Published online June 20, 2016 Accepted April 18, 2016</p> <p>Protective Effect of Morocco Carob Honey Against Lead-Induced Anemia and Hepato-Renal Toxicity</p> <p>Aicha Fassi Fibri^a, Noori S. Al-Wali^b, Redouan El-Haskoury^c, Meryem Bakour^d, Afaf Amari^e, Mohammad J. Ansari^f, Badiâa Lyoussi^g</p>

Facts about Propolis



A protective resinous substance covering tree buds that is harvested by bees.



For bees, propolis is a very good antiseptic

Methods for harvesting propolis:



Scraped: risk of pesticides, hive treatments and oxidation



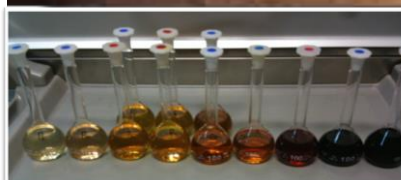
Grid: no pesticides, or treatments, little oxidation



⇒ Grid propolis is of sufficient quality to be used for medical applications

Good propolis quality means

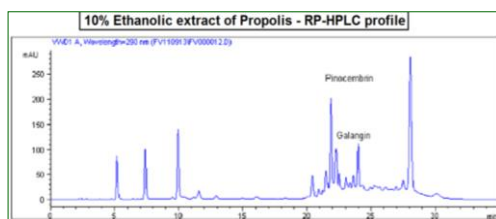
- low content of mechanical matter (wood, dead bees., etc)
- high Resin (balsam) content
- high content of biologically active compounds
- low wax content
- water content –max 8%
- mechanical impurities –max 6%
- no or minimal contamination by pesticides and heavy metals



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Propolis types, for which chemical parameters are proposed

Propolis type	Taxonomic marker	Profiling by
Poplar type (Populus spp)	pinostrobin, pinocembrin, galangin, chrysin, kaempferol, benzyl ferulate, phenethyl caffate	HPLC, TLC



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Content of bioactive compounds for poplar propolis type



Total Phenolics (Folin –Ciocalteu)	Minimum 21%
Flavones and Flavonols (AIC13)	Minimum 4%
Flavonones and dihydroflavonols (DNP)	Minimum 4%

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Food Sci. Biotechnol.
DOI 10.1007/s10068-014-0140-0

RESEARCH ARTICLE

Antioxidant, Anti-inflammatory and Acetylcholinesterase Inhibitory Activities of Propolis from Different Regions of Morocco

Maria da Graça Miguel, Orsula Doughini, Small Aazza, Dulce Antunes, and Badiâa Lyoussi

Received: 9 April 2013 / Accepted: 11 July 2013 / Accepted: 24 July 2013 /
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NPC Natural Product Communications

2015
Vol. 10
No. 11
1961 - 1964

Antioxidant and α -Glucosidase Inhibitory Properties and Chemical Profiles of Moroccan Propolis

Milena Popova^a, Badiâa Lyoussi^a, Small Aazza^a, Dulce Antunes^a, Vassya Bankova^a and Graça Miguel^a

Food Science
Technology

International Journal of Food Science and Technology 2016

Original article

Anti-acetylcholinesterase, antidiabetic, anti-inflammatory, antityrosinase and antioxidant activities of Moroccan propolis

Soukaina El-Guendouz^{1,2}, Small Aazza^{1,2}, Badiâa Lyoussi¹, Maria D. Antunes², Maria L. Faleiro³ & Maria G. Miguel^{2*}

molecules

MDPI

Impact of Biohybrid Magnetite Nanoparticles and Moroccan Propolis on Adherence of Methicillin Resistant Strains of *Staphylococcus aureus*

Soukaina El-Guendouz^{1,2}, Small Aazza^{1,2}, Badiâa Lyoussi¹, Vassya Bankova², João P. Lourenço^{3,4,5}, Ana M. Rosa Costa³, José E. Mariano⁶, Maria G. Miguel^{2,4} and Maria L. Faleiro⁷

ELSEVIER



Archives of Medical Research 47 (2016) 526–534

Archives
of Medical
Research

Protective Effect of Propolis in Proteinuria, Crystaluria, Nephrotoxicity and Hepatotoxicity Induced by Ethylene Glycol Ingestion

Nawal El Menyay^a, Noori Al Waili^b, Meryem Bakour^a, Hamza Al-Waili^b and Badiâa Lyoussi^a

^aLaboratory Physiology-Pharmacology and Environmental Health, Faculty of Sciences DDM, University Sidi Mohamed Ben Abdallah, Fez, Morocco
^bNew York Medical College for Nephrology, Richmond Hill, New York, USA

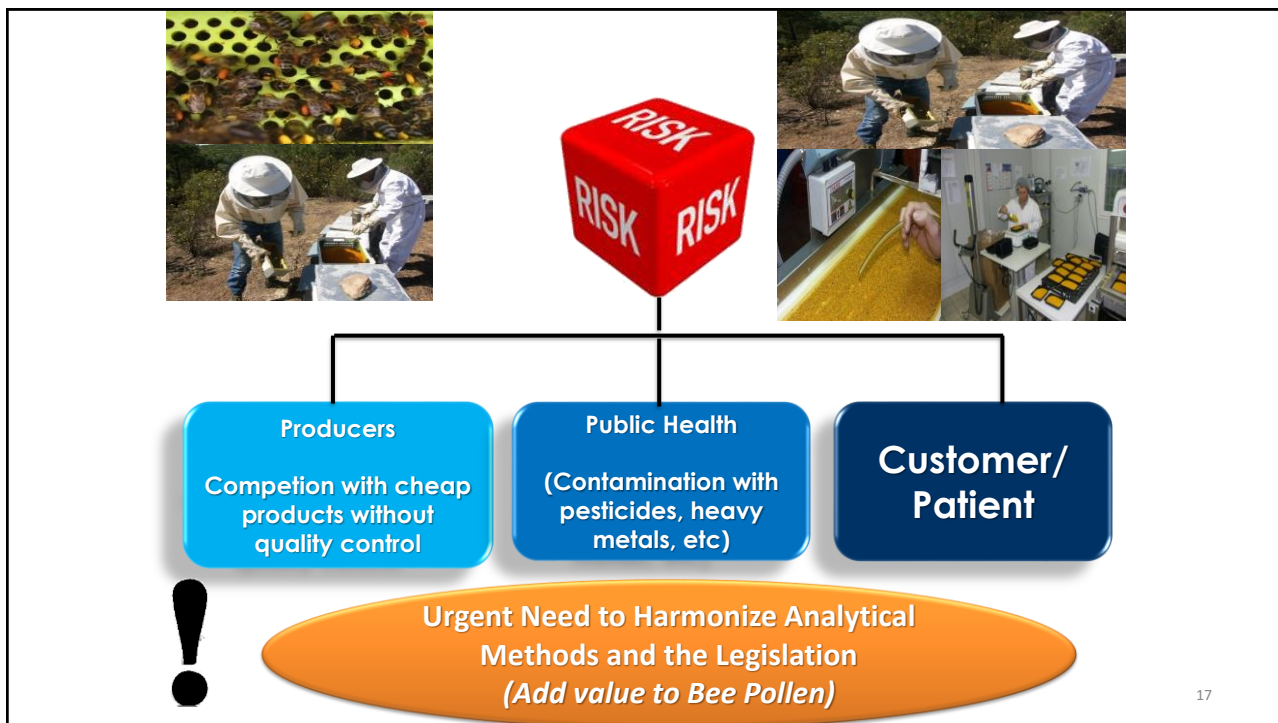


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مؤتمر الجمعية العربية لتربية النحل الأول

5 - 6 فبراير 2018م

مركز أبوظبي الوطني للمعارض - دولة الإمارات العربية المتحدة



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Bee POLLEN

Taxon passport

- Variability in the colour of the pellet
- Microscopic analysis
- HPLC/DAD phenolics profile
- Physico-chemical analysis
 - Proteins & Free aminoacids
 - Lipids
 - Sugars
 - Minerals
 - Vitamins
 - Alkaloids



Bioactivity (DPPH; ORAC; TBARS;
Anti-inflammatory, antimutagenic,
Antimicrobial, antiprotozoan,
etc

Caloric value: 381Kcal/100g

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Samples from : France, Portugal & New Zealand, Brazil, Germany, India, Mexico, Poland, Romania, Slovakia, Spain, Sultanate of Oman, Morocco, Ukraine, Ethiopia, Russia

Members of Bee pollen Working Group (Bp WG) IHC Network
(www.ihc.org)

Analytical methods



Polyphenolic profiles (phenolic acids & flavonoids)

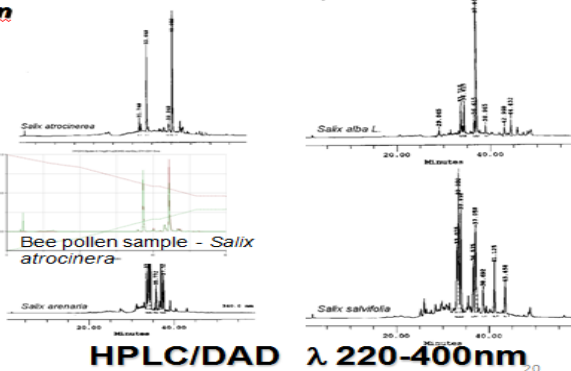
Identification of the taxon

Herbarium samples



SAMPLE PREPARATION

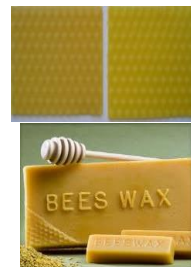
- ✓ ethanol 50% extraction
- ✓ vortex + ultrasounds
- ✓ centrifugation



HPLC/DAD λ 220-400nm

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Beeswax



Quality problems for apitherapy

Contamination

- Dross
- Clean by filtering / separation
- Pollution – heavy metals, agricultural pesticides
- Acaricides



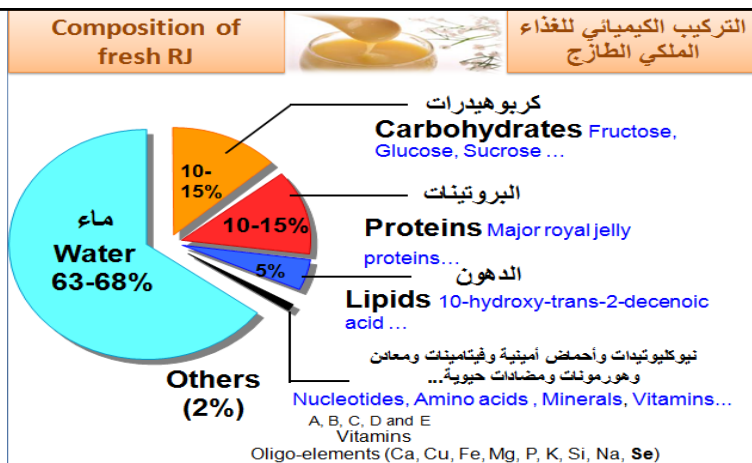
Overheating – discolouration and degradation



Heating in steel, aluminium, zinc, copper or lead containers

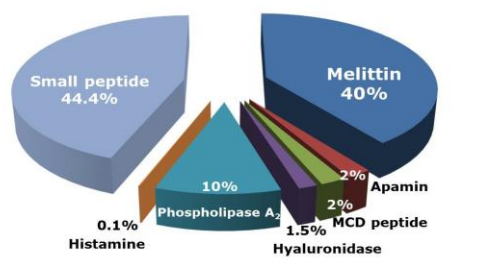


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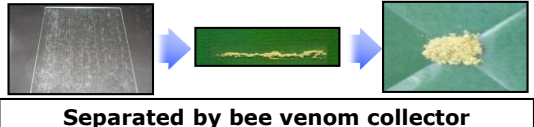


- Quality problems (for apitherapy)**
- ❑ Contamination: antibiotics, PDCB
 - ❑ dilution / adulteration
 - ❑ storage / preservation problems: degradation – fresh / dried?

Components of bee venom



- Peptides**
 - Melittin
 - Apamin
 - Mast cell Degranulating Peptide(MCD)
 - Adolapin
 - Protease inhibitor
- Enzyme**
 - Hyaluronidase
 - Phospholipase A2
 - A-Glucosidase
 - Acid phosphomonoesterase
 - Lysophospholipase
- Physiologically active amines**
 - Histamine
 - Dopamine
 - Norepinephrine
- Non peptide components**
 - Carbohydrates
 - Lipids
 - r-aminobutyric acid
 - B-aminobutyric acid



- Quality problems (for apitherapy)**
- Contamination:
 - o Pollution – heavy metals, agricultural pesticides
 - o Acaricides



Conclusions



For all hive products :

- ❖ Avoid apiaries in areas with pollution (industrial / agricultural)
- ❖ Be careful with in hive chemical treatments
- ❖ Use good apiary hygiene and equipment

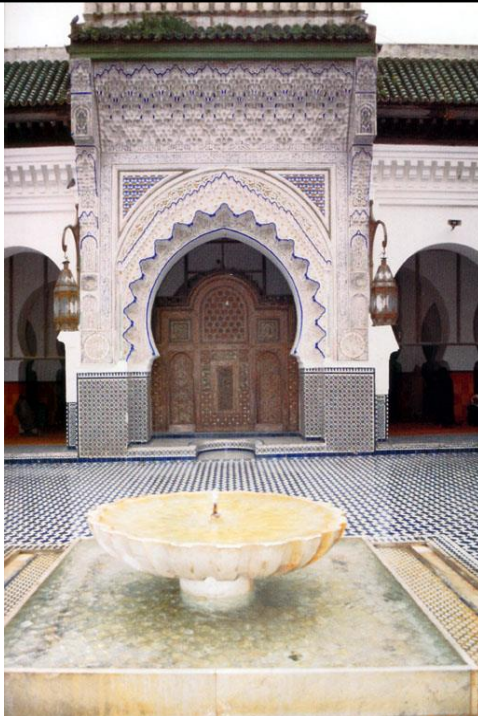


" We do not know what the future will hold but we can be certain that the widespread acceptance of hive products as recognized medicinal treatments will depend on scientific evaluation "



Peter Molan

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Many thanks
for your attention!
Merci beaucoup

شكرا



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